



# Camille Davery

Keynote Speaker

*Bach(Psych), GradDip(PsychAdv),  
GradDip(Brain & Mind Sci)*

Camille is an authentic and thoughtful leader, dedicating her work to educating and inspiring others in the space of mental health.

Camille is a seasoned keynote speaker and facilitator with a focus on workplace mental health, in particular in relation to individual lived experience, facilitating change and providing hope for individuals. With an academic background in psychology, professional experience in human resources, and lived experience of her own, Camille provides a unique perspective, unlike many others.

## SIGNATURE TOPICS

- ✓ What is Mental Health
- ✓ Going from Chaos to Calm
- ✓ Courageous Conversations
- ✓ Being Your Authentic Self
- ✓ Supporting Self and Others with Anxiety
- ✓ Accepting the Unaccepted
- ✓ Cultivating a Culture of Wellbeing
- ✓ Psychological Safety
- ✓ Bespoke Training

# SERVICES

## TRAINING DESIGN & FACILITATION

As an extension of our consulting services, we partner with clients to design and deliver bespoke training programs that upskill employees and leaders in essential workplace mental health skills.

## KEYNOTE TALKS

We collaborate with organisations seeking an inspirational keynote speaker who shares lived experiences of mental health to spark meaningful change. Our keynote talks empower both individuals and leaders to re-think workplace wellbeing.

## CO-DESIGN CONSULTING

We provide tailored consulting services that include focus groups and interviews to identify challenges and create employee-led recommendations, aligned with evidence-based practice.

## CLIENT FEEDBACK

*"This is the first time I've had a speaker come into the workplace and be so honest about their own experiences with mental health in a way that embedded theory and practical strategies. You gave us all something to think about and your message about being real and building a culture that allows for human empathy to be at the centre of discussions around mental health really struck a chord with me."*



Please feel free to reach out for any questions.

# Get in Touch!

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